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Creative expressions: The Role of Arts in portraying the Human Experience from O.Henry's *The Last Leaf*

¹Nandhini G,

M.A. English, Department of English, PSG College of Arts & Science,Coimbatore. <u>nandhini13nand2002@gmail.com</u>

²Dr.S.Jayanthi, Associate Professor of English, PSG College of Arts & Science, Coimbatore. jayanthi_s@psgcas.ac.in

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Abstract:

This research explores the power of creative art and the transformative impact of creative art on human consciousness through a critical analysis of O.Henry short story "*The Last Leaf*". By examining into the psychological nuances of the narratives, Research reveals the profound effects of art on human emotions,perceptions,and well-being. The findings highlight the healing potential of art in fostering,hope,resilience,and self-discovery,offering valuable insights into the human experience. In today's challenging health landscape, cultivating willpower is crucial for overcoming numerous diseases and health issues. The COVID-19 pandemic has underscored the importance of resilience and determination. This research emphasizes the need for a deeper understanding of the problems we face, as it is only through acknowledging and addressing these challenges that we between artist and young Girl. A young artist Johnsy lies ill with pneumonia. She believes she'll die when the last leaf falls from the ivy outside. Old Behrman paints a leaf to fool her into thinking it's still alive. Johnsy's spirits lift, but Behrman catches pneumonia and dies. His saves Johnsy's life and gives her a new will to live.

Keywords: Therapy, pssacrificeychology, self-motivated, power of art, etc.,

Introduction:

This research article focuses on O. Henry's "*The Last Leaf*", a well-known American author of short stories, was born in Greensboro, North Carolina, on September 11,1862. His original name is William Sydney porter."Heart of the west", "Houston post, Postscripts", and the well-known "The Gift of the Magi" are some of his noteworthy pieces. His stories often



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explored the impact of coincidence on his characters, frequently incorporating humor, grimness, or irony. His writings are known for their surprising twist endings. The fact that O. Henry's literary genius was officially recognised in 1919 with a posthumous Pulitzer Prize is evidence of the works lasting influence. Sue and Johnsy, two teenage painters who share a tiny studio in Greenwich Village, New York, are at the center of the narrative. Sue and johnsy struggle to establish themselves in the art world. As autumn arrives, Johnsy is bedridden with pneumonia and notices an old ivy vine on the wall outside her window. She becomes obsessed with the leaves and believes that she will die when the last leaf falls. Sue tries to comfort Johnsy, but Johnsy's condition worsens, so the elderly artist Behrman, who lives downstairs, learns of her predicament and decides to help. One stormy night, Behrman, who has been struggling to paint a masterpiece, goes outside and paints a leaf on the wall using his blood to create the appearance of a real leaf. When Johnsy sees the leaf the following morning, she gets a rush of hope and starts to recover because he thinks it is real.But in an attempt to save Johnsy's life, Behrman gets pneumonia and passes away. Sue and Johnsy consider Behrman's altruistic deed and the meaning of the last leaf as the story comes to a close. Through the selfless act of old behrman, O. Henry's 'The Last Leaf' illustrates the transformative power of sacrifice and the human capacity for hope and resilience in the face of mortality.

Art as friendship:

Sue and Johnsy guickly realised they had many common interests and hobbies, particularly in the areas of art, food, and fashion. This shared basis developed a strong and lasting connection between them. As their relationship got stronger, they made the critical decision to live together in a shared flat and open a joint studio where they could pursue their artistic goals. Their decision was most likely motivated by their financial troubles, as both were experiencing a rough period of poverty. They thought that by supporting one another, they could alleviate the load of their troubles. However, what began as a necessity-driven friendship quickly evolved into a strong and unbreakable bond full of warmth and trust. Their friendship is best defined by the virtues of love, loyalty, sacrifice, and honesty that they continually displayed to one another. Sue, in particular, was a generous and sympathetic friend who always prioritised Johnsy's well-being over her own needs and ambitions. She devoted herself to caring for Johnsy, who was suffering from serious pneumonia, and worked bravely to improve her spirits and bring comfort. Sue remained by Johnsy's side throughout the day and night, ensuring that she was never alone in her pain. In contrast, Johnsy was weak, fragile, and emotionally sensitive as she fought to accept her own mortality. She grew obsessed with the concept that her life had an unbreakable connection to the ivy vine growing outside her window. She was convinced that as soon as the final remaining leaf on the vine fell to the ground, she, too, would die. Sue tried to comfort Johnsy that she would eventually heal and that the falling leaves had nothing to do with her fate, but she remained certain that her time was running out. Sue tried bravely to distract Johnsy from these disappointing ideas by engaging her in discussions about clothing, fashion, and art, but Johnsy's belief in her own arriving death remained. Old Behrman, a failing but kind-hearted artist and close friend to

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both young women, became aware of Johnsy's deepening sadness. He considered himself as a silent guardian, responsible for watching over and protecting the two young artists who shared a studio. Behrman made a life-changing decision after realising how deeply Johnsy believed. He braved the tough and icy weather, going outside in the middle of the night as the cool rain poured down and snow continued to fall. With a determined heart, he painted a single, unshakeable leaf on the ivy vine, ensuring that Johnsy would not see it disappear. His acts, however, had a devastating cost.Behrman, who was already in bad health, developed acute pneumonia as a result of his exposure to the extreme weather conditions. Tragically, he gave up his own life to save Johnsy's, yet his unselfish and genuine act of kindness eventually resulted in Johnsy's recovery, returning her hope and will to live.

Art as supersession misconception:

Johnsy's superstition says that her fate is sealed, and the falling leaf will decide her fate. However, the story eventually exposes that this is a mistake, and her fate is unrelated to the leaf. The leaf symbolises Johnsy's strength and desire for nature. But the myth surrounding the leaf underlines Johnsy's separation from reality and her preference to romanticise death. Johnsy's superstition comes from a fear of death and her own weakness. The leaf becomes a physical appearance of her fear, and focussing on it acts as a coping technique.Similarly, In real-life incidents Navjot Singh Sidhu. wife's have cancer. She believed that cancer would never be cured and died as soon as. His wife has breast cancer, just like cricketer Navjot Singh Sidhu's wife, who he claims has recovered through alternative therapies such as fasting, cutting out sugar and dairy, and drinking neem and lemon water. If cancer could be cured with these medicines, and there was scientific proof proving a direct link, we would not have seen as many female patients, whose age profile is increasing younger. That is why, in our country, where there is already scepticism and significant suspicion of scientific treatment systems throughout all segments of society, such utterances by celebrities cause more harm than good. Overall, both characters experience similar psychological challenges, such as fear of death, anxiety, and emotional fragility.In the story, the old beherman helps Johnsy overcome her fear of death, much as Mr.Navjot Singh Sidhu does for his wife.

Power of art:

Johnsy, an artist, takes her art to deal with her disease and emotional problems. Her painting acts as a type of therapy, helping her to communicate her thoughts and feelings.Old Behrman, an artist and friend, paints a leaf on the ivy vine to keep it from falling. This act of artistic production symbolises faith and strength.Old Behrman's painting affects Johnsy's sense of reality. She starts to understand the world in a new light, shifting her attention from death to life. The painted leaf instills hope in Johnsy, giving her the strength needed to overcome her disease. Art becomes an inspiration for transformation, supporting Johnsy in overcoming her emotional and physical challenges.Old Behrman gives his life to make the painted leaf, displaying the selfless power of art. His artistic production is motivated by a desire to help Johnsy, not selfish gain. The painted leaf is a gift from Old Behrman to Johnsy, representing the selflessness of art. The leaf is an expression of kindness, compassion, and

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love.Old Behrman's picture has left a lasting legacy, inspiring and uplifting Johnsy even after he died. Art becomes a means of transcending death, leaving a lasting impression on those who encounter it.The story of "*The Last Leaf*" continues to captivate readers, expressing a timeless message about art's ability to transform, inspire, and uplift. O.Henry's image of the relationship between 'Life & Death' highlights the artistry of legends. The green leaf represents life and the soul, while the dried, fallen leaf represents the body's departure from the soul. Hard weather's impact on the leaves is linked to Johnsy's setback. Pneumonia is a stumbling block in her life, causing her to fall apart. The story demonstrates how an artist's passion drives them to fulfil a long-held desire.

Art as humanistic:

Old Behrman gives his life to save Johnsy's, explaining the worth of human life. The story emphasises the value of human connection and relationships, as Johnsy and Sue's friendship, as well as Old Behrman's affection for Johnsy, play critical roles in her recovery. The story centres on the human experience, focussing into issues like mortality, confidence, and resilience. The story portrays the power of hope in overcoming adversity, as Johnsy's fresh hope motivates her to heal. The story emphasises the value of empathy, as Sue and Old Behrman's unselfish efforts show that they understand and sympathise with Johnsy's emotional issues. The story emphasises the importance of sacrifice, as Old Behrman's ultimate sacrifice proves the power of unselfish love. Because Johnsy's recovery is evidence of the human ability to overcome adversity, the story emphasises the resolve of the human spirit.Similar to the actual COVID-19 incident, healthcare professionals worldwide worked nonstop, frequently without the appropriate protective gear, to care for COVID-19 patients as communities banded together to set up food banks and deliver necessary supplies to those in need.Mr. Behrman makes the self-sacrificing dedication of going out into the chilly autumn night to paint a single leaf on the wall so that Johnsy will see it every morning.He hopes that by acting as a metaphorical symbol of life and energy, this leaf will prevent his young friend from falling to death.

Conclusion:

In conclusion, O. Henry's "*The Last Leaf*" carefully examines the transformational power of art, hopefulness, and human connection in the face of death. The novel uses Johnsy's voyage to highlight the psychological complexities of the human experience, illustrating the huge impact of art on emotions, perceptions, and well-being. The story emphasises the value of empathy, sacrifice, and resilience, providing important insights on the human condition. As we navigate the difficulties of life, "*The Last Leaf*" serves as a reminder of art's enduring ability to inspire, uplift, and transform. The story demonstrates the healing power of art, as Johnsy's obsession with the leaf acts as a coping mechanism for her fear of death. Similarly, Old Behrman's selfless gesture of painting the leaf shows the reclaiming potential of art to transcend death. The story emphasises the importance of human relationships, as Sue and Old Behrman's continuous support and empathy are critical to Johnsy's fresh hope, inspired by the painted leaf, demonstrates the human



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capability for dedication and adaptability. The story highlights the importance of selflessness and sacrifice, with Old Behrman's ultimate sacrifice serving as a profound reminder of the transformational power of love and compassion. In light of the COVID-19 pandemic, the story's themes of optimism, resilience, and human connection ring particularly true. The pandemic has highlighted the need of empathy, selflessness, and community solidarity, emphasising the need for a better knowledge of the human experience. Finally, "*The Last Leaf*" is a profound exploration of the human condition, reminding us of art's transformational power, optimism, and human connection in overcoming adversity and transcending mortality.

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