
**MAN AND WOMAN RELATIONSHIP IN *PREETI SHENOY'S*
“LIFE IS WHAT YOU MAKE IT”**

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Abstract:

The document aims to explore the broad range of individual emotions in the novels of *Preeti Shenoy* with particular focal point on man-woman relationship. Formed by societal and intellectual code of conduct, the man-woman nexus has been the central point in a number of fictional texts. Apart from these factors *Shenoy* focuses on additional elements that shape the man-woman relationship like corporal environment, individual aspirations, monetary status, emotional dependence etc. The novels of *Preeti Shenoy* are frequently looked at from the approach of feminism. The woman, to a greater extent than the man, is the victim of the society; and the woman has always sought to escape her specific destiny. The support of life became for man an activity and an enjoyment through the device of love; but in woman remained closely bound to her emotional feelings. Indian culture first consider about human relationships incline to accept that they are outcomes of the feelings that two people have for one another. You like somebody, so you turn into friends; you love someone, so you turn out to be romantically attached, or, we are friends with someone because we like them; we get passionate because we love someone. Family relationships have continuously remained a success for novelists, it occurred to *Preeti Shenoy* when she started writing novels; she explored man and woman relationships in her novels.

Keywords, Destiny, Explored, Emotional, Feminism, Passionate, Relationship,

Preeti Shenoy pictured man and women relationship in her novel “life is what you make it”. Ankita's love towards Vaibhav is strong and positive. She has virtue of maintaining interpersonal affection. At the beginning of the novel, they both have strong inclination toward their studies. Out of Harmonious passion towards their studies, they decided to study in different places. The Harmonious passion on studies has given psychological wellbeing by

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preventing negative effect on them. Harmonious passion on studies on studies has given happiness, self-growth and life satisfaction for Ankita and vaibhav .Ankita got admission in Cochin whereas Vaibhav got admission in I.I.T Delhi. Ankita’s parents consider that the teenage is an age of strong growth, not only physically but emotionally and knowledgeably; it's understandable that it's a time of confusion and disturbance. The negative perceptions about youth, they kept Ankita in many restrictions in the name of conservative family. It leads to many problems in the latter life of Ankita.

Vaibhav once tried the straight method and called up at a decent hour. Ankita’s mother had responded the phone. He greeted her and She did not reply the greeting. She said “Ankita cannot come to the phone right now” and had hung up rudely. Ankita was in her room and had heard every word. Her ears burnt with annoyance and tears of fury were swelling in her eyes. They both agreed that a phone call would be considered successful if we managed to speak to each other for at least four minutes.

Vaibhav prepared an ‘Operation Mission Phone-call.’

Part one was Pre mission planning considerations which were

1. Ankita’s brother should sleep.
2. Ankita’s parents should be out for their morning march

Part two was Support forces which were

1. The telephone booth guy from where Vaibhav made those early morning phone calls should have woken up.
2. Ankita should have woken up well on time to grab the phone on the first ring

Part three was anticipated threats

1. Ankita’s parents returning earlier than usual.
2. Ankita’s brother picking up the telephone extension and listening in.

The love between Ankita and Vaibhav is mature love which includes acceptance, calmness, friendship; kindness and confidence. Vaibhav express all these emotions in their phone conversation. The University of Cochin has organized an event called “symphony” in which all colleges participate in the event. At that event Abhishek met Ankita for the first time. According to Golstein and Brandon infatuation is the first stage of a relationship before

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develop in to a mature intimacy. The same type of infatuation started in Abhishek towards Ankita. Abhishek infatuated with Ankita which starts an urge to be with each other.

According to Orbuch, change is bad. So many of us hear the word “change”, and we automatically assume the worst but change can be positive and an “exciting influence on your relationships”. Ankita’s changed attitude brings a direct contradiction to her own thoughts and values, which makes her so difficult to swallow in her latter life. Ankita problem is confusing love with something else. She like somebody, find they're fun, enjoy their company and think its love. The same thing happened with her two boyfriends Ankita tries to avoid letting her feelings towards Abi to maintain a safe distance from him as much as possible. She means staying away from the Abi in social situations, such as gatherings with friends. She keeps distance from Abi, so she may not tempted to interact with him. Whatever Ankita tried not to happen, the same thing happened in her life. Abi expressed his feelings towards Ankita.

“I am not kidding, Ankita. I fell in love with you, the moment I saw you. I have never felt like this about anyone before, trust me. I am crazy about you. Honestly. And I have never done anything like this before in my life. This confessing feelings and all, is just not me, but with you I really cannot hold back anymore,” he said looking straight into my eyes. His eyes shone with a sincerity and kind of desperate manic glint that was hard to comprehend. [p.33]

The feeling of Intimacy which brings closeness and connectedness with Abhishek is at a high level in Ankita. She feels as if she can be completely around him and he feels the same. But gradually, the intimacy between them cannot be improved. So, the values, interests and personality just do not match up with each other. Intimacy couldn't be improved by creating new common activities to engage in together.

The important component of a perfect love relationship is Passion! A passionate love relationship is one in which both have a strong physical attraction for the other person. This attraction is expressed by the person's desire for; physical closeness, sex and an increased release of oxytocin when the person with their partner. Passion is known to be the first thing to diminish in a relationship with your partner. This kind of passion has diminished in life of Abi and Ankita

Ankita decided to have higher studies which allow her to follow her passion. She has to work hard for it. There were only a few more months for our final year to end. My agenda

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was now to get into any of the top institutes in the country offering an MBA. Like many of the others, I had dutifully filled in the application forms, taken out the demand drafts and mailed them well before the last dates. My parents were very happy about my decision. I hoped I would not disappoint them. I desperately wanted to get admission into an MBA course.[p.50]

Ankita ignores the image of Abi, but she doesn't try to push away or want that it should go. She just wants not to pay attention to it. If attention goes on him automatically then pull it gently on to her studies. She minimizes her interaction with Abi and gradually shifted all her time again and again on studies. Ankita actually does the most hurtful thing to Abi. She started, being ignored or not giving equal love in return to Abi. Her agenda was now to get into any of the top institutes in the country offering an MBA. She got admission in Bombay and she decided to fly which doesn't like to Abi. He was such an emotional fool. This was an opportunity of a lifetime for me. How could I just chuck it up, for something which I presumed was love? How foolish was that? I was not getting swayed. Abi, felt I was being hard hearted. I felt I was being practical and rational.

"Look, I had told you to study hard. If you had, you would have made it," I said. It came out more accusingly than I intended.

"Yes. It is easy for you to say now, Miss. Bombay. You know what, pride has gone to your head." he said caustically. I was taken aback. I said no more and walked away. "Don't get angry with me," he called out. "I am the only one who dares to tell you the truth. The others just suck up to you. Think about it." [p.51]

Love is the first thing that Abi considers when entering relationship with Ankita, but it is also the number one reason why Abi commits suicide. Maribel Dionisio of Love Institute Philippines said love -- or lack of love -- is usually what causes a person to decide to end his or her life. In Abi's case "The number one reason for suicide is love. The number two reason for suicide is no love "It's about the lack of love, from his special friend Ankita, that Abi feels bad."

The death of Abi is a painful one, but the grief felt by his grand pa is more complex when the cause of his death is suicide. His grandpa grapples with the question of why the Abi chose to end his own life. The question is complicated and remains open-ended.

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Abi grand pa feels guilty: that he ‘should have done more’. He feel he should have picked up the warning signs, and blame him selves for things he didn’t do in the period leading up to the suicide. Ankitacalls his grand pa to speak .Then he says

“Molle,” he said his voice full of anguish. “I know he loved you. I don't know whathappened between you two, but I have only one thing to say. You are young, you are pretty. Please remember *molle, sneham mathram puchikaruthu*. No matter from where it comes, “and he wept. The sound of a grown up man crying is one of the loneliest, saddest sounds I have ever heard. The words he said in Malayalam singed and burnt a hole in my soul. I would never ever forget those words or his voice my entire life. “Never belittle love,” is theclosest translation that I can come up with for the words he spoke that day. [p.58]

Relationship will determine a huge impact on an adolescence life to frame a relation. Every person around influences the other, that can shape ones self-esteem, self-image, confidence and opinions and opinion of the other. Women especially approaches life as an example to build her life even if she chooses a different path We live in a culture where Dad if an equal partner in sharing care and effort, that is the essence of any relation. When a girl continues to rise to her teen years flip fraught with some thorny issues. Building a gullible relationship is always challenging with affection and support she learns which can alter into what kind of a person she wants to turn into? Every experience of life is a crucial ingredient for the growth of a young woman's self-esteem with maturity. Verbal encouragement, even though not being constantly with them at times can modify life by mending the sensitiveness of feelings. the whole life of Ms. Ankita actually became thug of emotions which diminished confidence unconsciously but was explicit as woman of extraordinary talents .

The father-daughter relationship plays a vital role in his Ankita journey to adulthood. Ankita’s father always agrees with his daughter andshe knows he will support her. When her father fully and wholeheartedly supports her, she automatically developed strong self-esteem and a positive self-image. This doesn’t mean that he always agrees with her, but shows her that sometimes he might not agree with a choice she is making, but he always believe in her as a person and have confidence in her abilities. One day Anikita parents found the letters written by Abhishek.

That was when I saw it. The letter that Abi had written to me in blood was laid out on the centre table in the drawing room. Just a glance at it and I felt I had been jabbed hard in the stomach. I sucked in my breath, my heart beating at a furious pace. I swallowed and I opened

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my mouth and closed it. I did not know what to say. I was speechless. I was shocked that my parents had discovered it. I had never anticipated that. Earlier I had been careful about locking up my cupboard and carrying the key with me when I left home. But lately, I had become careless about that too. Getting a letter like this from a guy and then shamelessly holding on to it, was the ultimate sin a well brought up Indian girl could commit, in their books. To them, it was unforgivable that their daughter whom they trusted so much had done this. One part of me was terrified of their wrath. But another was also numb with the pain of seeing that letter again. It brought back all the memories of the time when I had seen the letter and first gone to his house. It reminded me of the afternoon that I had spent with him, in his house. “WHAT THE HELL IS THIS?” My dad thundered. “Is this what we sent you to college for?” My mother added.[p.78]

Ankita’s father burnt all the letters in front of her .once letters gone ,he has gone forever .Letters give her a kind of satisfaction .She sees his strengths ,his weaknesses, what makes her happy, what breaks her hearts. Such letters have gone forever and ever. Gradually, Ankita developed deep sadness, hopelessness, loss of energy, lack of interest in activities which she once enjoyed, periods of too little or too much sleep, suicidal thoughts.

After Abhishek died, Ankita was diagnosed with bipolar disorder. She found herself facing both major breakthroughs and major setbacks. It's taken some time to come around to the idea that the depression isn't to cure but to manage to remain vigilant, proactive, and honest. Symptoms of Bi-polar disorder identified in Ankita are difficulty paying attention to people and situations, indecision, lack of motivation, irritability, or increased anxiety all makes the cut each of which may run *slightly* less in-your-face than the stereotype of bed-ridden misery. It's critical that Ankita speak openly about experiences of depression, not only to better support those afflicted.

Doctor Madhusudhan can treat mental illness. Finding Madhusudhan is the important step toward getting proper treatment for Ankita . Start by choosing the kind that's best for your mental healthseeds. Human relationships have had a good place for strangers. These strangers generally play a lot of important role than a number of the blood primarily based relationships. At infirmary Dr.Madhusudan acted because the lifeline for Ankita .She says,—He actually cared which created all the distinction. it's so wonderful however words and kindness have the ability to heal(Shenoy 166). Dr.Madhusudan impressed Ankita through his own story. it absolutely was as a result of his sister’s suicide that he wished to review psychopathology and facilitate folks get out of mental issues. He tells her that life may

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be a gift. To me Dr.Madhusudan was that person!(Shenoy 182). Dr.Madhusudan acts sort of a good doctor—an ideal one whose behaviour and conduct gave Ankita a lifeline. Once Ankita recovers and leaves the infirmary, she offers Dr.Madhusudan a card on that was written, —I owe you loads. You’ve got schooled Maine the worth of life! (Shenoy 194). Preeti Shenoy’s effort to bring harmony among relationships particularly out of blood primarily based relationship looks wonderful within the novel. In fact, it opens a gate for the new relationships among the folks whom people decision strangers‘or unknown people‘.

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